

Commonly Asked Questions About Laser Vein Removal

What are Spider Veins?

Spider veins are small, thin superficial capillaries that lie close to the surface of the skin. They can look like tree branches or a spider web with their short jagged lines. They are connected to the larger venous system though they are not an essential part of it as they do not actually carry blood to the heart. Spider veins can be found on both the legs and the face and can cover both very small and very large areas of skin.

What causes Spider Veins?

No one knows exactly the cause of spider veins, but several factors including heredity are believed to cause a person to be more likely to develop them. Oral contraceptives, hormone changes and therapy, sun exposure and the natural aging process also may contribute to their development. Spider veins may also be related to Rosacea and other trauma to the skin or may be heredity.

How do treatments work?

Photo rejuvenation technologies deliver precise dosages of energy to targeted veins with minimal risk to surrounding healthy skin. The energy is absorbed by the targeted vein(s) causing thermal coagulation of the blood in the vessel.

What do treatments feel like?

Most experience little if any discomfort at the treatment site. The sensation and the degree of discomfort vary with each person. When pulses of light are delivered some patients feel a mild pinching or stinging sensation similar to the light snap of a rubber band. No local anesthesia or pain medication is typically required; however some patients may prefer to use a topical anesthetic when sensitive areas are treated.

How many treatments will I need?

Typically, 3 to 6 treatments offer the best results; Depending on severity, clients usually notice significant improvement within one to two treatments. Potential for maximum long-term resolutions increases after another 1- 2 sessions.

Will the veins return after Spider Vein Removal?

Over time it is possible for new veins to appear, but these too can be erased. Optimal results can be maintained only if you apply sunscreen and avoid exposure to the sun.

How can I prevent spider veins?

You can do a number of things to help prevent veins and to relieve discomfort from those you have:

- Protect your skin from the sun by wearing sunscreen to limit spider veins on the face
- Exercise regularly to maintain or improve leg strength, circulation and vein strength. Focus on exercises that work your legs, such as walking or running
- Avoid placing too much pressure on your legs by controlling your weight
- Avoid standing for long periods of time. If you must stand for long periods, shift your weight from one leg to the other every few minutes; If you must sit for long periods, stand up, move around, or take a short walk every 30 minutes